



## A Masterclass with Charles Faulkner - The Meta Patterns of Language & Experience

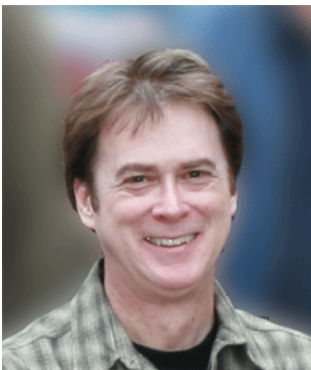
26<sup>th</sup> April – 1<sup>st</sup> May 2008

*"The limits of my language are the limits of my world." – Wittgenstein*

Join us on this remarkable training with one of the original innovators within NLP, Charles Faulkner. This intimate and exclusive workshop applies Charles' breakthrough applications of advanced linguistics – "The Meta Patterns of Language & Experience."

Every time you think, talk or even gesture, Meta Patterns are creating the meaning of your experience – inside and out. Through activities and exercises specially designed by Charles, you will see and hear these patterns in yourself and others. Then you will learn how to elegantly assist yourself and others re-create these inner worlds in more positive and useful ways.

With a maximum of 12 delegates, you will get an opportunity to work directly with Charles, so that this fascinating learning experience can also become a journey of personal transformation with one of the leading figures in the field.



*"Charles' work 'physicalised' language for me such that it became tangible... for the first time I could visualise and clearly see how to explore and use interventions – elegantly and simply!!"*

*"I've been on dozens of trainings, and this has been the most incredible six days of my life"*

*"Wow! Working directly with Charles has changed my brain, and I think it's stuck this way now!"*

*"I'm completely blown away, that was astonishing."*

If you want to experience a profound deepening of your awareness of advanced language and behavioural cues, and gain the ability to utilize them easily and naturally in coaching, counselling and consultancy contexts, then this workshop is for you.

This advanced workshop is only available to those with at least a Practitioner level competence in NLP. (If you have any question regarding this, please contact us to discuss your level of experience). The training comes in two segments (module one is a pre-requisite for module two):

### **Module One - The Body in Our Minds      26-28<sup>th</sup> April**

An experiential introduction to Meta Patterns. Realize how our bodies and the way we navigate the world are directly related to our thinking and language. Terms like presuppositions and metaphors will take on new and exciting meaning as you realize that they are actual experiences with everyday language that is incredibly easy to elicit and change when you have the organizing framework of their Meta Patterns.

- Discover how NLP works and make your change work more rapid and effective.
- Detect, enrich and transform client's worlds through incredibly simple questions and answers.
- Make so-called "tricky" language patterns really work for you.

### **Module Two - The Patterns that Connect      29-30<sup>th</sup> April & 1<sup>st</sup> May**

The complexity of our experience is created out of combinations of these Meta Patterns. As Charles disassembles the seemingly complex into everyday concepts of interacting Meta Patterns, the magical ability of great communicators becomes increasingly available.

- The elegance of Ericksonian-like tasking for clients and many other powerful interventions will be natural now you're aware of the 'patterns that connect.'

## Comment from Charles Faulkner

*“A key discovery of the neurosciences and linguistics is that our minds are really in our bodies. Following this, I will start with how our physical positions, gestures and movements create the most basic categories of our experience. Then I will connect these categories with their corresponding parts of everyday speech to show how these Meta Patterns frame everything – our thoughts, feelings, perceptions and belief systems.”*

*“Once you have experienced how these categories are created, once you have seen how they work, you'll find yourself learning how to elegantly change them according to the needs of the individual in front of you.”*

## The Venue

Our beautiful residential location is a stunning lodge set in the heart of Exmoor with fabulous en-suite rooms, grand dining rooms and lounges with roaring open fires. Charles will be using the venue to the full including the wonderful natural surroundings.

With the comfort of a 5 star country hotel and the private cosy feel of a family home, the environment stands out as a major feature of the entire experience.

The nearest Train station is Taunton, and the venue itself stands in 300 acres of beautiful English countryside just 6 miles south of the North Somerset coast.



## Prices

### Workshop

Module One	The Body in Our Minds	£495
Modules One & Two	The Body in Our Minds & The Patterns that Connect	£895

Early Bird discount of 10% available for bookings made before the 14th December 2007.

### Accommodation (includes lunch and breakfast)

Luxury en-suite Private Double	£70 per night
Luxury en-suite Shared Twin	£45 per night

Arrival is from 1pm on Saturday 26th, and on this day the workshop will end at 7pm. Subsequent days start at 9.30am and end flexibly at 6pm each day, (the final day of each module ends at 4pm).

A booking deposit of £150 is required to secure your place.